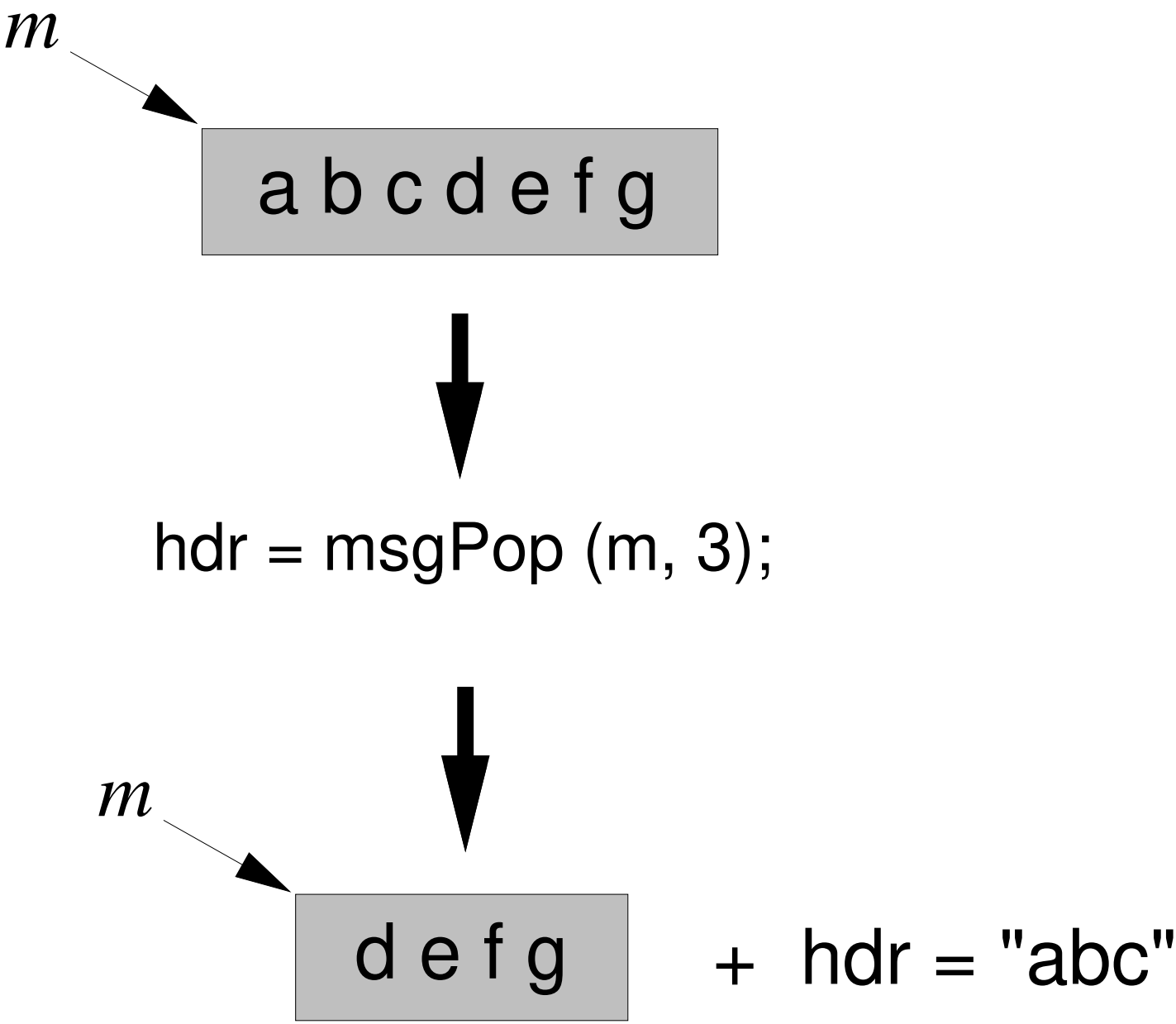
m
a b c d e f g
hdr = msgPop (m, 3);
m
d e f g
+ hdr = "abc"